

**Sexual Health for VTS
Introductory Day 17/03/10
Aims & Objectives & Pre-reading (e-GP)**

Aim

- To enable you to manage the primary contact of a patient presenting with sexual health concerns and problems relating to contraception

Objectives

- Identify the key factors that will enable you to take a sexual history in a non judgemental, confidential manner that respects individuals
- Describe best practice guidance on the provision of advice and treatment to young people under 16 and analyse how your own practice compares to these
- Identify the factors influencing an unplanned pregnancy and request for termination and how you might respond to these
- Identify the essential key factors in a consultation that will enable you to advise a patient of their contraceptive choices
- List strategies to encourage the use of contraception in an effective way, particularly the promotion of long acting, reversible methods – LARCs

Prerequisites

Prior to the date, all participants should complete the following e-GP e-learning Course 11 Sexual Health

- GP 11 001 Indicators of risk
- GP 11 002a Sexual history taking
- GP 11 003a Promoting contraception
- GP 11 004 Contraceptive choice
- GP 11 006 1st prescription of oral and patch contraception
- GP 011a LARC overview
- GP 11 0011b Use of contraceptive injection

This should take approximately 3-4 hours